

# **Safety and Hygiene Protocols for Cornerstone Academy of Performing Arts during Phase 3 and 4 of Restore Illinois (during COVID-19) (8.17.2020)**

**Applies students, company members, staff, volunteers, and parents**

- We recommend that Masks Should be worn AT ALL TIMES other than when eating. Face masks/coverings are required in the common areas of the building. We recommend that all dancers wear a mask even when dancing but if you would prefer to have your student (or you) remove their mask during class and maintain a distance of at least 6 feet from others, by signing our COVID-19 Consent form that is allowable
- All doors propped open when students are arriving (minimize surface touching)
- If you feel sick at home, please stay home
  - Those with two or more (new) symptoms unrelated to a chronic condition or seasonal allergies or temperature 100.1 or higher will be asked to leave, students with a temperature of 99 or 100 will have their temperature retaken after they have had a few minutes to sit and cool down
    - Applies to students and staff
- If you have had a fever, please wait 72 hours to return to in-person classes
- If you feel well enough when staying home when unwell, you are welcome to join class virtually
  
- Check-in process
  - Please do not arrive more than 20 minutes before class
  - Parents walk to the door to check student(s) in (no parents past check-in table unless given permission due to special circumstances, please ask with any questions or needs before registration)
  - A staff member or a parent volunteer will be at the table to check students in-entry questions, temperature taken
  - Please use sanitizer or wash hands when arriving and leaving
  - If you feel sick at home, please stay home
    - Those with two or more (new) symptoms unrelated to a chronic condition or seasonal allergies or temperature 100.1 or higher will be asked to leave, students with a temperature of 99 or 100 will have their temperature retaken after they have had a few minutes to sit and cool down

- If you have had a fever, please wait 72 hours to return to in-person classes
- If you feel well enough when staying home when unwell, you are welcome to join class virtually
- Younger students will bring belongings in a cubby and directed to their marked spot in assigned studio
- Bathrooms
  - Doors propped open
  - Only handicap stall will be used
  - Cleaned every two hours
  - One person at a time inside unless immediate family members
  - All others form a line outside on the blue Xs
- Locker rooms (and cubby area)
  - No more than two dancers in the dressing room or at the cubbies at a time--please come fully dressed in dancewear with clothes over so that the street clothes can be quickly removed and stored and you can exit the dressing room
  - Lockers/cubbies will be sanitized at the end of each day

#### Other General policies

- Avoid eating inside the studio by students Ballet I or younger. If it is unavoidable, please encourage your student to carefully clean up after themselves.
- All other students/dancers who are at the studio should eat outside on folding chairs if the weather allows
- All students will need to wipe the area where they ate when they are done.
- **6-10 feet** between students at the barre (marked)
- Bring your own barre if you have one, labeled with name, so no one else uses it (unless you give permission)
- Face opposite ways at the barres in the center and all the same way at built-in barres
- **Everyone needs to bring/provide their own yoga mat** (needs to be taken home EVERYDAY and disinfected) [will store studio owned mats and carpet squares]
- **Everyone needs to bring their own water bottle**, there will not be any refill available, bring enough for the entire time you will be there
- Sweep common areas and marley flooring daily
- Disinfect/clean marley flooring weekly

- Disinfect barres before and after each use
- Wash hands before and after each class
- Hand Sanitizer throughout bldg--please use frequently coupled with frequent hand washing, including when arriving and leaving, as well as before and after eating
- Avoid touching hair and face
- Cough and sneeze into elbow or disposable tissue
- Attempt to walk on the right side of hallway for "one-way halls" our hallway is very narrow so this is difficult--no gathering around cubby holes, please wait on your assigned spot inside the studio
- One parent volunteer in the lobby to help with any other needs when students (littles) present
- **DURING PHASE 4 ONLY Class sizes will be kept to a small number.**
- **DURING PHASE 3 ONLY** Only 25 people in building at a time (per IDPH square footage limitations)
  - Studio A 4 people
  - B 8 people
  - C10 people